Providence HEALTH CARE
How you want to be treated.

SharedCare
Partners for Patients

Vancouver Division of Family Practice
A GPSC Initiative

Referral Form for Virtual Psychiatry Consultations (VPC)

Date of referral: _____

Please review information on page 2 while patient is present. Fax completed referral to **604-675-2666**.

Patients are eligible for VPC if they meet all the criteria below:

- ☐ Requires a psychiatric consultation or short-term intervention
- ☐ Has a family physician (FP) in the City of Vancouver
- ☐ Is between the ages of 19 and 64
- ☐ Has a suspected anxiety, depressive or bipolar disorder, or a schizophrenia spectrum disorder chronically managed by FP
- ☐ Has access to a computer, tablet or phone; ability to do a voice call is required and ability to do a video call is preferred
- ☐ Is NOT currently followed by a psychiatrist or mental health team
- ☐ Does NOT have dementia (major neurocognitive disorder)
- ☐ Does NOT have active psychosis
- ☐ Does NOT require immediate crisis intervention
- ☐ Is NOT seeking psychiatric assessment for legal or work-related purposes (e.g. a capability assessment)

Referring provider:	**Patient:**
Name: _____	Chosen Name: _____
MSP #: _____	Name on MSP card: _____
Address: _____	PHN: _____
Phone: _____ Fax: _____	DOB (e.g. 01-Jan-1980): _____ Sex on MSP card: ____
Email*: _____	Gender and pronouns: _____
OR stamp/label:	Address: _____
	Phone*: _____
	E-Mail*: _____
	Language(s) spoken: _____
	_____ ☐ Interpreter required
*We will email you a link to a feedback form. We value your input.	*Case coordinator will call for intake. Video link will be emailed.

Has this patient accessed mental health services before? ☐ No ☐ Yes (please attach previous notes)

Preferred visit modality: ☐ Video visit ☐ Phone (Audio Only) Is this a re-referral to VPC? ☐ No ☐ Yes

Synopsis of concerns:

Reasons for referral (specific questions and goals):

Attach relevant history: ☐ Consult notes ☐ PHQ-9 ☐ GAD-7 ☐ Current and previous medications ☐ Patient on Plan G

☐ I can provide additional collateral and would like the psychiatrist to contact me by phone prior to the appointment(s).

☐ I would like to speak with the psychiatrist by phone after the appointment(s) for a debrief conversation, if appropriate.

(Family physicians can bill 14077 for telephone conference with psychiatrist. See gpscbc.ca/what-we-do/incentives/fees)

The psychiatrist can call me at: ☐ cell: _____ ☐ office: _____

Information about Virtual Psychiatry Consultations (VPC) and other mental health services

What is VPC?

- VPC is a prototype funded by Shared Care, a partnership of Doctors of BC and the BC government. This initiative aims to improve:
  - Access to psychiatric consultations for patients with moderate mental health concerns.
  - Coordination of care between psychiatrists and family physicians.
- The prototype aims to operate Oct 2020 to Oct 2021 at minimum. If the model is successful, we will work towards scaling it up.

What are the steps?

Referral	Share the patient handout with your patient and discuss whether VPC seems like a good fit. If so, discuss the patient's goals for the consultation and document them on the referral form. Complete the form and fax it to 604-675-2666.
Intake	Our nurse case coordinator will phone your patient to complete the intake assessment and schedule the initial consultation with a VPC psychiatrist. We will attempt to contact the patient twice.
Consult	Your patient will meet with a psychiatrist. A video visit is preferred but phone is an option. The number of visits will depend on the patient's needs; most patients will have 1-3 visits. A "no show" will result in the patient becoming ineligible for VPC, unless the "no show" is a result of exceptional circumstances.
Discharge	After receiving a discharge summary from the psychiatrist and possibly completing a debrief call, you will continue caring for your patient. The psychiatrist may be open to follow-up calls for up to a month post-discharge. After that, additional psychiatry advice is available through the RACE line (604-696-2131).
Feedback	We will email you, your patient and the psychiatrist links to feedback forms. Your input is vital to the evaluation and continuous improvement of VPC.

What other services should my patients and I consider?

Service	What is it?	How can my patients access it?
Various self-referral resources	Crisis support, community services, low-cost counselling, virtual therapists, online resources	Refer to VPC patient handout
CBT Skills Groups	8-week psycho-educational classes for adults	Referral required: cbtskills.ca/physicians
BounceBack BC	Phone-based coaching or self-directed learning	Patients can self-refer. BounceBack may contact you. Visit: bouncebackbc.ca
Access and Assessment Centre (AAC)	A way to access VCH services for non-life threatening mental health or substance use issues	Patients can call 604-675-3700 or walk in at 803 West 12th Ave, Vancouver, BC
Elder Care Ambulatory Clinic	Outpatient psychiatry for patients aged 65+	Referral required: providencehealthcare.org/elder-care-ambulatory-clinic
Foundry Vancouver-Granville	Mental health and substance use support for patients aged 12-24; patients can self-refer to some services	Psychiatric consults and intensive case management require referrals: foundrybc.ca/vancouver-granville
Physician Health Program Helpline	Confidential 24/7 support for physicians, residents, medical students and family members	Call 1-800-663-6729 or visit physicianhealth.com